

# HOW TO LIVE A SUPERNATURAL LIFE

## 1. We Received All the Faith

- The Bible says that all believers receive at salvation the same gift of Christ (everything God is as potential), and the same full measure of faith in their new spirit. It is the same measure for everybody. However, we are to learn how to release more and more of that faith, from the spirit through the mind to the physical body and the outward world, until we actualize everything Christ is.

### Ephesians 4:7 (NKJV)

<sup>7</sup>But to each one of us grace was given **according to the measure of Christ's gift.**

- Actually, the above verse is rendered better in other translations as "...according to the measure of the gift of Christ." Every believer was given grace according to the proportion or the measure of Christ. Every Christian has the whole measure of Christ inside. They just need to activate it and make it work.

### 2 Corinthians 4:13 (NKJV)

<sup>13</sup>And since we have **the same spirit of faith**, according to what is written, "I believed and therefore I spoke," we also believe and therefore speak,

- Notice 2 things in the passage above. First, the new recreated spirit is a spirit of faith as it is a spirit of holiness, of power, of love, of self-control. The new spirit has all the faith of God. Second, all believers have the same spirit of faith.

### Romans 12:3 (KJV 1900)

<sup>3</sup>For I say, through the grace given unto me, to every man that is among you, not to think of himself more highly than he ought to think; but to think soberly, according as **God hath dealt to every man the measure of faith.**

- God has given every believer the same and the whole measure of faith at the moment of salvation. If we had been dealt different measures of faith, then some of us would have had reasons to think more highly of themselves. However, if everyone was dealt the same measure of faith, then nobody has any reason to think more highly of themselves than others. And that's exactly what Paul is saying to think soberly of ourselves, based on the fact that God dealt to every man THE measure of faith.
- Every believer has faith. The initial release of faith is smaller, because is related mostly to what Jesus has done in the past at the cross (took away your sins) and to the future life, the fact that you escaped hell and you're on your way to heaven. That's usually the level of knowledge and revelation you have at the beginning. However, that faith is released more and more as you grow by knowledge of the word, worship, fasting, prayer, and exercise.
- The church is always involved in a war between the kingdom of God and the kingdom of darkness. Although Jesus won the war at the cross, we are still involved in the fight of faith, of enforcing what Jesus did at the cross. Sickness is an enemy we need to destroy.
- Example: although slavery was abolished in America at one point (the law decree was given), there were still pockets of resistance that needed to be crushed and it took almost 100 years until that

law became a reality everywhere. The same with communism in Romania. Although communism fell in 1989, it took over 30 years for people to begin to be free of communism in their minds.

## 2. Mind Renewal

- Your heart consists of the unconscious part of your mind (the subconscious), and of the spirit. Faith happens in the heart, mainly in the unconscious mind, in your gut, the second brain (Romans 10:9-10). The heart is like a court of law where multiple witnesses testify before a conviction (or faith) is formed on a subject. This is one reason why the Holy Spirit is called the Helper.
- The main 2 witnesses in a believer are: (1) the physical body with the 5 senses and (2) the inner witness of the Holy Spirit. Other witnesses are: past experiences that had an impact on you, people that you trust, etc. When you hear the word of God, the inner witness of the Holy Spirit testifies to your heart (unconscious mind) that what you hear is the word of God. That is, because the word of God and the kingdom of God are unseen, they don't appeal to the witness of the senses. The people in the Old Testament that followed God (like Noah, Enoch, Abraham, Moses and the people of Israel etc) didn't have the inner witness of the recreated spirit, so to them God spoke more through visible and audible ways, which appealed to the witness of their 5 senses in order to believe Him.

### Romans 10:17 (NKJV)

<sup>17</sup>So then **faith comes by hearing**, and hearing by the word of God.

- What is the word of God or the word of Christ or the word of grace that produces faith when you hear it? That word of God consists of all the laws that God has decreed, and put in place in the spiritual realm, which apply to you as a new creation. This refers to all the promises that God has spoken about you, and which have effect here on earth. That includes: peace, joy, prosperity, blessing, healing, victory, success, etc. Whenever you hear a sermon or a teaching, if it hasn't produced faith in you (confidence, hope, joy, boldness), it was not the word of God.
- What is faith? It's a complete conviction in the heart about the things that God has spoken about you, and that apply to you in His word. It's a confidence and a boldness in the unseen reality of you, in the truth about yourself. You have to be more convinced about the spiritual reality than what you see and feel. When you hear the word, the inner witness of the recreated spirit testifies to the heart about the authenticity of the word, and then the heart becomes convicted and your whole mind aligns itself to the spirit.

### Galatians 4:19 (NKJV)

<sup>19</sup>My little children, for whom I labor in birth again **until Christ is formed in you**,

- Example – How many of you know that there is a big difference between learning theoretically how to drive a car and actually driving it? In the beginning, it takes more effort to learn to drive a car and you need to be conscious of a lot of things. However, as time passes, through memorization, repetition & practice, driving becomes part of your nature, you don't even think about it at conscious level, it has penetrated the subconscious, the auto-pilot. The same applies to musical instruments, is one thing for someone to tell you how to play piano and actually doing it. That is how we make the word of God part of ourselves.

### 3. Faith Releasers

2 Corinthians 10:4–5 (NKJV)

<sup>4</sup>For **the weapons of our warfare** are not carnal but mighty in God for pulling down strongholds, <sup>5</sup>casting down arguments and every high thing that exalts itself against the knowledge of God, bringing **every thought into captivity** to the obedience of Christ,

- The fight of faith is a battle of the mind to stay on the word. And the divine weapons for the warfare are: the word, praise and worship, prayer in tongues and fasting.
- How does the word, praise, fasting, and prayer assist in growing your conviction?
  - The word
    - First, you get accurate knowledge and revelation about what to believe and how to believe, and about what exactly applies to you, and what you can expect to happen anytime, anywhere.

Philemon 6 (NKJV)

<sup>6</sup>that the sharing of your faith may become effective **by the acknowledgment of every good thing which is in you** in Christ Jesus.

- Second, regular meditation on the things above (memorize, speaking) acts directly on your conscious mind by keeping fresh (and refreshed) the promises of God, and indirectly on your subconscious mind, which generates feelings and emotions accordingly, it allows the power of the Spirit to be stirred up.
  - Praise and worship

Ephesians 5:18–19 (NKJV)

<sup>18</sup>And do not be drunk with wine, in which is dissipation; but **be filled with the Spirit,** <sup>19</sup>**speaking** to one another in psalms and hymns and **spiritual songs, singing and making melody** in your heart to the Lord,

- Ephesians 5:18 – it’s a drug for you to relax and rest. It’s like wine or drugs. It generates joy, peace, relaxation, and stirs up the spirit. It starts consciously and then it affects the subconscious, and the feelings. It cleanses you from all the negative blocking feelings generated by what you see and hear in the outside world: worry, fear, anxiety, tiredness, etc. It brings feelings of confidence and boldness and creates a platform for our mind to believe the word, and act on the word easier, so that the power of the Spirit from within us can be released.

John 4:23 (NKJV)

<sup>23</sup>But the hour is coming, and now is, when the true worshipers will worship the Father **in spirit and truth;** for the Father is seeking such to worship Him.

- The Father must be worshipped in Spirit (speaking and singing in tongues) and in truth (confessing and singing the personalized truth about God and you) – your understanding. Do you see again? First in spirit and then in truth. Singing verses and lyrics that apply to us: The Days of Elijah – double portion, Cast me not away from

your presence and take not thy Holy Spirit from me, Psalm 51:10-11, John 14:16

○ Prayer in tongues

**Jude 20 (NKJV)**

<sup>20</sup>But you, beloved, building yourselves up on your most holy faith, **praying in the Holy Spirit,**

- Jude 1:20 - It bypasses the conscious mind (the reason) and builds conviction about the word of God directly into your subconscious mind. Research has shown that when you pray in tongues, your frontal lobe where the reasoning takes place, has no activity. When you speak in tongues you speak mysteries from God to your own mind and to the spiritual world. It speaks mysteries in the spiritual realm that affect your spirit, your mind and your body in a positive way. The Holy Spirit has a chance to witness directly to your heart and subconscious about the word of God. That is why you get built in faith, in conviction.
- Speaking in tongues also speaks about your future. You intercede for others.
- The more you pray in tongues, the further the Spirit of God emanates from you, so that even when you pass near someone, they can sense the Spirit of God. In Acts 5:15-16, it wasn't Peter's shadow which healed, but the spirit's emanation of life from him.

○ Fasting:

- In the NT, fasting works on you mostly, and not on God. On God was in the OT. Matthew 17:21 – this kind of unbelief goes out through fasting and prayer.
  - Regular fasting weakens the flesh, the reasoning, and strengthens the mind according to the spirit. It strengthens the determination, the sober-mindedness. You are many times tempted to eat and you have to say no. That self-control then leaks into other areas. It will be easier after that to not give in to what you see or feel and stand on the word that you know in other areas of life or situations as well. Example: the David principle.
  - When you fast all kinds of thoughts like the following come to your mind and you have to block them so that you won't yield to them: "you know you cannot last too long, so why torment yourself, just give up and eat", "you know you cannot do this on a permanent basis, so why even try", "nobody sees what you're doing and nobody praises you, so why bother", "your body needs food to function well, otherwise you will be cranky and weak all day."
- All these 4 above are helpers to stimulate and refresh your conviction about the word. They help you focus the mind. They bless God's heart, but they also work mostly on you and increase the release of your faith. Healing and casting demons or raising the dead are not affected directly by these. You are affected, and you release more or less power.
  - If healing would come by how strong I am, how much I prayed, or fasted, then I should pray: be

healed in the name of Eduard. However, it is the name of Jesus and the word of God, that has the power and the reputation that you carry, not yourself. You just have the power of attorney.

- Prayer and fasting doesn't give you more power, it just releases more of the power that is already in you by peeling of the layers and blockages stopping it. If you put your faith in prayer and fasting, then there will never be a time when you feel that you prayed or fasted enough to be able to minister to the sick. It will always cause doubt in your mind.
- The Onion example: Christians are like onions. You go to the store, buy an onion, you come home and put it on the counter. No problem. It sits there, not a problem. Then one day you start peeling those layers off. The minute you start peeling them off, what happens? That aroma starts to spread. Now, that aroma which got stronger in the room, it was always there, but now it was just released. With born-again believers, God has put in us His Spirit, the same Spirit that was in Jesus and who raised Jesus from the dead. This Spirit is very powerful, but He doesn't grow in power, He always has the same power. So, the variation in power is caused by the human layers, the strongholds of the mind which are peeled off by prayer. You don't grow in power or anointing. What happens is what John the Baptist said: "You decrease, and He increases." You either have the power or you don't.

#### 4. Faith Blockers

- On the other hand, there are things that happen to us or things that we do which choke or destroy our conviction, and block faith:
  - **Sinful actions** – create markers in our mind and it becomes more difficult for our mind to trust in God (because of condemnation), and that the word will actually work. They block faith at all levels. You remain saved and justified, but it just makes you ineffective here on earth. You live like mere human beings. It also blocks faith by analogy (David's example): since you didn't have victory in one area, what makes you think you will have victory in another area? That's what your mind will tell you.
  - **Past defeats or other people's experiences** – if you prayed for healing for someone and they died, that experience will create a powerful marker in your mind that will slow you down in faith. Next time you have to minister, the first thing will come to your mind will be that experience and will block or weaken your conviction. Then there are the experiences of other people of God that we trust and respect and who didn't have results and ended shamefully. The conversation in our mind goes like this: "If they didn't make it, who am I to think that I will make it or it will be different with me?" But you don't know what those people actually believed.
  - **Other distractions** – Pleasures, innocent entertainment, worries, depression, sudden afflictions, bitterness, offence, they all choke the word and block faith.
- Everything we hear, say or do will either strengthen or weaken your faith in word. There is no middle ground or neutral ground. That is why intentionally we need to hear, say, do those things that strengthen and enhance our confidence in the word.

**Ephesians 3:20 (NKJV)**

<sup>20</sup>Now to Him who is able to do exceedingly abundantly above all that we ask or think, ***according to the power that works in us,***

- So, God can do far more abundantly than all that we ask or think, but it is according to the power that works in us and through us, the amount that we are able to release.